

# Dr John Barletta

Counselling & Clinical Psychologist; Consulting, & Coaching Psychologist

DipTeach, BEd, GradDipCouns, MEdSt, PhD  
MAPS, MCCP



Dr John Barletta has enjoyed assisting the public, professionals, schools, and corporations deal with life challenges for over thirty years. His career began as a teacher then guidance counsellor (in primary and secondary schools). Through extended study in Australia, the USA and Italy, his journey has encompassed roles such as relationship educator, university academic, consultant and therapist.

John has over twenty years experience in the private education sectors. His training, expertise and passion remain with education, guidance, counselling, and psychology. He is a high-energy, positive, and genuine presenter. He offers solutions and pathways through practical direction, and his presentations and private consultations reflect his good humour and intellectual wisdom. His latest book, *The Home Therapist* (Australian Academic Press), a unique, self-help guide for everyday psychological issues, has been well-received.

## Dr Barletta Presents Professional Development with Purpose

### ***Reignite Your Passion for Education: What inspires the staff in your school?***

Attitude is everything and it takes your entire school community to embrace transformation. John offers personal and professional training for teachers, support staff, administrators, school leaders and leadership teams. His sessions spark active interaction and inspire pathways that are informative, engaging and challenging. John will creatively structure his presentations specifically for your school or team. No two environments are identical, therefore professional development will meet the needs of your individual community. Each session will highlight the understanding of a concept, and also leave people with useful suggestions, handouts and tip-sheets.

### **Professional Development categories:**

Work-life balance, emotional intelligence, team relationships, positive psychology, assertiveness, dealing with difficult people, interpersonal communication, interviewing skills, counselling interventions, organisational change, personality styles, workplace conflict, developing as a professional, supervision, resilience, stress-management.

### **Dr Barletta's presentations include these titles:**

- *Happiness from the Inside Out*
- *Healthy and Challenging Relationships in Your Community*
- *Transform Conflict into Opportunity*
- *The 7 Habits of Reasonably Effective Educators*
- *Your Personal Values System*
- *Teams that Flourish*

### **Presentation Options:**

Half-day or full-day workshops, twilight (or *learn at lunch*) sessions, small group training  
Conference Keynote or Workshop

### **Services provided within Dr Barletta's Private Practice:**

- Counselling
- Mediation, Consultation & Training
- Medico-Legal Services
- Relationship Education
- Psychological Assessment
- Supervision & Coaching

**Consulting Rooms:** *The Grange Practice*, Level 1, Suite 2, 3 Days Rd GRANGE QLD 4051

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