



Consulting Rooms:

The Grange Practice
Level 1, Suite 2
3 Days Road (Cnr Gilbert Rd)
GRANGE QLD 4051
Australia

DipT, BEd, GradDipCouns, MEdSt, PhD, M.A.P.S.

Counselling, Consulting & Clinical Psychologist

Contact:

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Professional Disclosure Statement

For 34 years John has provided education, counselling, and psychological services. His career began as a teacher, then guidance counsellor, relationship educator, and tenured senior university academic, and continued with extended studies and work in the USA and Italy. He trained at QUT (DipT, GradDipCouns), ACU (BEd), UQ (MEdSt), OhioU (PhD), and APF-Rome. John is an energetic, down-to-earth professional who bases his work on scientific research not pop psychology. He has a passion for helping adults and organisations challenged by various issues or seeking to improve wellbeing. John promotes healthy living via the application of integrated positive psychology principles. His expertise includes psychotherapy, workshops, keynotes, medico-legal and psychological assessments, corporate consulting, executive coaching, mediation, clinical supervision, and peer consultation. John is the recipient of Ohio University's George Hill Memorial Award which recognises the outstanding scholarship, service and leadership of a graduate. He is responsible for over 500 publications and presentations, is author of *The Home Therapist* and *The Practice of Clinical Supervision*, is the psychology columnist for *Style* magazine, and is an occasional radio commentator on psychological issues.

Scope of Practice

- Individual Adult Therapy and Couples Counselling
- Mood and Stress issues, Wellbeing issues, Workplace development
- Psychological Assessments and Medico-Legal Reports
- Clinical Supervision and Consultation, Corporate Consulting and Executive Coaching
- Mediation, Professional Development and Training

Education

- Certificate in Mediation (*Department of Justice and Attorney-General*) – Griffith University
- Accreditation for Psychiatric Impairment Rating Scale (*Royal North Shore Hospital*) – University of Sydney
- Postdoctoral Practicum in Family Therapy (Rome) – *Accademia di Psicoterapia della Famiglia*
- Certificate in Relationship Education – Centacare
- Doctor of Philosophy (Counselling/Psychology) – The Ohio University
- Master of Educational Studies (Guidance/Counselling) – The University of Queensland
- Graduate Diploma in Counselling – Queensland University of Technology
- Bachelor of Education (Psychology/Religion) – Australian Catholic University
- Diploma of Teaching – Queensland University of Technology

Experience

- Solothurn Wellness Retreat – *Visiting Consultant*
- Griffith University – *Adjunct Senior Lecturer in Psychology*
- MediSpec – *Physician Selection Coaching*
- Bar Association of Queensland – *Barristers' Bar Care List*
- Archdiocese of Brisbane & Diocese of Rockhampton – *Consultant Psychologist*
- Wesley, St Andrew's, & St Vincent's Hospitals – *Visiting Clinical Supervisor*
- Australian Catholic University – *Senior Lecturer, Clinical Practicum Supervisor*
- Centacare – *Counsellor/Psychologist, Relationship Educator*
- Queensland University of Technology – *Lecturer*
- The Ohio University – *Teaching Associate, Counsellor Intern*
- Brisbane Catholic Education – *School/Guidance Counsellor, Teacher*



Affiliations

- Australian Psychological Society
- College of Clinical Psychologists
- Psychology Board of Australia

Provider Number: 2647132T

ABN: 71485084298

Registration Number: PSY961260

Academic

Lectures
Scholarship
Supervision

Clinical

Assessment
Diagnosis
Treatment

Counselling

Adult Psychotherapy
Couples Counselling
Family Consultation

Forensic

Court Reports
Medico-Legal
Non-Treating

Organisational

Consulting
Mediation
Workshops